**Patient Name:** BOYNTON, NOELLE

**Date of Birth:** 12/16/1982

**Date of Service:** 04/25/2022

**History of Present Illness:**  
The patient is seen here for Orthopedic follow-up evaluation. The patient had left knee surgery on 07/09/21.  
  
The patient complains of left knee pain that is rated at 10/10 with 10 being the worst with swelling.

Left Knee

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
C-section

**Past Accident/Injuries:**

**Daily Medications:**  
None

**Allergies:**  
No known drug allergies

**Social History:**  
 Smoking.

**Physical Examination:**  
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert, and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal.

**Left Knee:**  
Examination of the knee revealed no tenderness on palpation. There was no effusion. There was no atrophy of the quadriceps noted. Lachman’s test was negative. Anterior drawer sign and Posterior drawer sign were each negative. Patellofemoral crepitus was not present. Valgus & Varus stress test was stable.

**Diagnostic Imaging:**  
10/07/2020 - MRI of the left knee reveals grade 1 sprain of the ACL. Grade 2 intrameniscal horizontal signal involving the posterior horn of the medial meniscus. Grade 2 intrameniscal horizontal signal involving the anterior and posterior horns of the lateral meniscus. Moderate joint effusion.  
10/07/2020 - MRI of the right knee reveals grade 1 sprain of the ACL. Grade 2 intrameniscal horizontal signal involving the posterior horn of the medial meniscus. Small joint effusion.

**Assessment and Plan:**  
Diagnosis: Meniscus tear, bilateral knee.   
Plan: \_\_\_\_\_

The patient’s Left Knee, \_\_\_\_Right knee was examined   
MRI of the Left Knee and \_\_\_\_Right knee was reviewed.   
Patient is to return to the office PRN.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**